

Godfrey Street Community House

Courses & Activities Guide

TERM 2, 2024

Early Learning Childcare

After School Activities

Creative Art Classes

Writing Classes

Movement Classes

Social Groups

Support Groups



Godfrey Street
COMMUNITY HOUSE

Godfrey Street Community House

9 Godfrey Street, Bentleigh VIC 3204

Phone (03) 9557 9037 **Email** admin@godfreystreet.org **Web** godfreystreet.org

Welcome

Godfrey Street Community House (GSCH) provides high-quality, cost effective, and inclusive community programs, that facilitate community engagement for all residents.

About Us

Godfrey Street Community House (GSCH) was founded in 1983 by a group of women who identified a need for a safe and comfortable shared space. A place where information and skills could be shared and learned. GSCH is a non-profit community organisation governed by a voluntary Committee of Management. The Department of Families, Fairness & Housing funds the administration and management of the House.

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PAYMENT OPTIONS We accept payments via EFTPOS, Bank Transfer and cash* for all services. Please note, a merchant fee surcharge is applied to all card transactions. Bank Transfer details are provided on invoices or are available from the office. *Cash payments not accepted for our Early Learning Program

INDIVIDUAL NEEDS Arrangements will be made where possible to support students with individualised needs. Please speak with the office to discuss possibilities.

ENROLMENTS Enrolment is confirmed upon receipt of a \$36 deposit. This will be deducted from your final payment. Payment in full is required 14 working days before the start of the class. If you are having financial difficulties, you can work out a payment plan with the GSCH Manager.

COMMENCEMENT OF CLASSES Classes are subject to sufficient numbers of participants/students. If a class is cancelled GSCH will contact you and refund the fees you have paid. Otherwise, please attend the first class as scheduled.

REFUNDS Please choose your classes with care. GSCH is not responsible for any changes in your circumstances. Refunds will be offered if at least 14 days notice is given prior to class commencing. Refunds will be subject to a \$20 administrative fee.

MEMBERSHIP FEE An annual membership fee is payable when first enrolling at the House. The membership fee is from January to December of each year and is non refundable. This fee is non refundable.

PUBLIC HOLIDAYS Classes are not held on public or school holidays (except in special pre-arranged circumstances).

VOLUNTEERS GSCH has a group of volunteers that help with events and community activities throughout the year, as well as certain administrative responsibilities. For further enquiries phone 9557 9037 or visit the office.

DISCLAIMER Please note, GSCH reserve the right to cancel or change class days, times, fees and tutors when necessary.

Our Early Learning Program

EARLY LEARNING CHILDCARE

With small groups of 12 children, and a mixed age of 2-5 years, your child will encounter a safe and supportive learning environment, where children are valued and encouraged to develop to their full potential through a play based curriculum.

We provide a spacious outdoor area that is well shaded, a vegetable and flower garden for the children where they are encouraged to explore and learn, as well as a well-equipped indoor learning environment.

Godfrey Street Early Learning is:

- A place to feel WELCOME
- A place to CELEBRATE children and families
- A place to be INSPIRED
- A place to be EDUCATED
- A place to be PROUD of

Mondays, Wednesdays, Thursdays & Fridays

9:00am till 2:00pm (No sessions on Public Holidays)

\$70 per session

CCS is available.

A non-refundable deposit is required when enrolling your child

The logo for Jellis Craig, featuring the name in a large, bold, serif font. 'Jellis' is on the top line and 'Craig' is on the bottom line, with the 'C' in 'Craig' being significantly larger and overlapping the 'J' in 'Jellis'.

*Godfrey Street Early Learning Program
Proudly supported by Jellis Craig, Bentleigh
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After School Activities

Art Discovery

For children aged 7 – 12. A fun and creative environment to learn foundational painting and drawing techniques and processes. Suitable for all levels. Materials list provided on enrolment.

Mondays 4:15pm - 5:45pm, 9 weeks, starting 15th April, \$162 (no class 10/6)

Tuesdays 4:00pm - 5:30pm, 10 weeks, starting 16th April, \$180

Thursdays 4:00pm - 5:30pm, 10 weeks, starting 18th April, \$162 (no class 25/4)

Mandarin Language Class for Children

Beginners and intermediate classes for children from Prep to 12 years of age. Classes are run on Accelerated Learning Techniques so children can learn in a fun environment using storytelling, music, games and more.

For more information email Olga Piscioneri on olga@accschinese.com or call her on 0421 709 414.

Saturdays 9:30am - 11:30am & 11:30am - 1:30pm

German Language for German Bilingual Children

This course is specifically designed for primary-aged children who already understand German. The program aims to enhance the participants' active German vocabulary, helping them to understand and use the written language.

Contact Stefanie on 0420 630 941 or derdiedasmelbourne@gmail.com to enrol or for more information

Tuesdays, Wednesdays & Thursdays 3:45pm – 5:15pm

Creative Art Classes

Watercolour Painting

Students work at their own pace and develop their own individual skills and style with kind and encouraging support and direction from the tutor. Suitable for all levels. Materials list provided on enrolment.

Thursdays 1:00pm – 3:00pm, 9 weeks, starting 18th April, \$162 (no class 25/4)

Calligraphy

Learn the art of elegant and graceful scripts in a friendly and relaxed environment. Whether you are seeking basic penmanship or to develop your skills further through examining and practicing handwriting from the Renaissance through to Copper Hand Plate developed in the 16th century. Materials list provided on enrolment.

Fridays 9:30am – 11:30am, 10 weeks, starting 19th April, \$180

Acrylic and Water Based Oil Painting

Enjoy the freedom of self-expression while you learn endless painting techniques that will strengthen your skills as an artist. Students will learn composition, texture and colour mixing while working from still life, portraiture, and landscapes. Suitable for all levels. Materials list provided on enrolment.

Fridays 12:30pm – 2:30pm, 10 weeks, starting 19th April, \$180

Drawing

Working with pencil, charcoal and pastel, students will broaden their understanding of the artistic and technical aspects of drawing by studying shading, perspective, negative-space, tone and colour. Suitable for all levels. Materials list provided on enrolment.

Tuesdays 1:00pm - 3:00pm, 10 weeks, starting 16th April, \$180

Thursdays 10:00am - 12:00pm, 9 weeks, starting 18th April, \$162

Thursdays 7:00pm - 9:00pm, 9 weeks, starting 18th April, \$162

Creative Art Classes

Pen and Ink

Discover the wonderful versatility of ink as a creative medium. Learn how to apply ink with confidence, controlling where you place it, but also allowing it to run across the page in swathes and bleeds, adding new dimensions of interest and beauty in your work. Incorporating coloured inks as well as black and covering a wide variety of subject matter. Suitable for beginners and those with some experience. Materials list provided on enrolment.

Tuesdays 10:00am – 12:00pm, 10 weeks, starting 16th April, \$180

Wednesdays 1:00pm - 3:00pm, 10 weeks, starting 17th April, \$180

Writing Classes

Writing Studio

Please join us for a fun and supportive creative writing class that will help you take your writing to the next level. Learn how to nourish your creativity, structure your stories, and enhance the senses of your work. Watch your ideas develop a life of their own and transcend the ordinary. Be inspired and reap the benefits of constructive criticism with loads of encouragement.

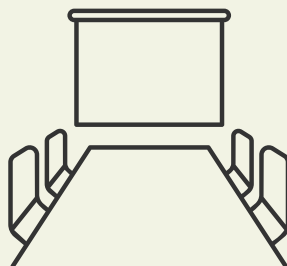
Start that project creative project that you have always wanted to.

Fridays 1:00pm – 3:00pm, 9 weeks, starting 19th April, \$162

Room Hire Available

Godfrey Street Community House is a welcoming and friendly space available for private room hire.

We are highly accessible for people of all abilities. We are close to public transport and next door to a public carpark. We have a few different spaces to choose from depending on your needs. Contact the office to arrange a time to view our rooms.



Movement Classes

Armchair Yoga

In this gentle exercise class we will explore working and strengthening our core muscles, improving our balance and posture, learn to breathe deeply and practice mindfulness for relaxation. There is no floor work and the classes are suitable for all ages and abilities. Beginners welcome. Classes are facilitated by a qualified trainer. BYO water bottle.

Thursdays 1:30pm - 2:30pm, 10 weeks, starting 18th April, \$100 (no class 25/4)

Stretch, Strengthen and Balance

Strengthening exercises are taught using hand weights and resistance bands along with gentle core muscle and balance exercises. Students can be seated or standing with individual needs being met. Classes are facilitated by a qualified Allied Health worker. BYO water bottle.

Tuesdays 1:00pm - 2:00pm, 11 weeks starting 16th April, \$110

Tuesdays 2:30pm - 3:30pm, 11 weeks starting 16th April, \$110

Wednesdays 10:00am - 11:00am, 11 weeks, starting 17th April, \$110

Wednesdays 11:30am - 12:30pm, 11 weeks, starting 17th April, \$110

Social Groups

Knitting, Crocheting and Craft

A weekly social, supportive and relaxed group for those who enjoy knitting, crochet, embroidering, cross stitch, tapestry, needlepoint, applique, mindful colouring and more. Suitable for all levels of ability. Some materials can be supplied including wool, knitting needles & crochet hooks and patterns.

Mondays 10:00am - 12:00pm, 10 weeks, starting 15th April, \$3 per session (no class 10/6)

The Monday Book Club

Catch up, connect and share your thoughts on a series of novels. Books are chosen by the group in advance for the year and provided by the Benteigh Library.

Mondays first of the month in term times, 12:00pm - 1:00pm, starting 15th April, \$3 per session

Social Groups

Godfrey Street Book Club

The Godfrey Street Book Club is open to women of all ages and backgrounds who love to read and most importantly, discuss what they read. The books are chosen in advance, and members can either buy them, borrow them from the library or download them as an e-book. *Email Amanda at inglispinglis@yahoo.com for more information including cost if you would like to join.*

Mondays 3rd of the month, 7:30pm – 9:00pm starting from Monday 19th February

Bentleigh Scrabble Club

A friendly group that meets weekly for social and competition games. All ages welcome.

Wednesdays 1:00pm - 4:00pm, weekly, starting 17th April, \$5 per session

Godfrey Street Singers

If singing is your passion, then come along and join Godfrey Street Singers. The group work on a range of songs regularly as well as working towards performances to entertain the local community.

Thursdays 10:00am - 12:00pm, weekly, starting 8th February, \$3 per session

Caulfield Writers Group

Read, share and workshop your own material in an informal and supportive environment.

Thursdays 7:30pm - 10:00pm, fortnightly, \$5 per session

Support Groups

AA Bentleigh Secular Group Meeting

AA is a fellowship of men & women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Contact AA via www.aa.org.au or on 1300 222 222 for more information

Tuesdays 7:00pm - 8:00pm, weekly

AA Bentleigh Bookworms

The Bentleigh Bookworms Group of AA is a catch up offering a friendly introduction to AA and confidentiality is assured.

Contact Colin on 0422 936 868 for more information.

For more information about Alcoholics Anonymous (AA) call 1300 222 222 or visit www.aa.org.au

Fridays 9:30am - 10:30am, weekly

Chat 'n' Chuckle - Acquired Brain Injury

An acquired brain injury discussion group who meet on a fortnightly basis with active discussion taking place. Contact the Access and Inclusion Officer at Glen Eira City Council on 9524 3805 for more information.

Fridays 11:00am - 12:30pm, fortnightly

Bayside ME/CFS Support Group

This self-help group is for people with Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS) or fibromyalgia and their carers. The group meet monthly from February to November to offer peer support, understanding and acceptance in an informal setting, with the opportunity to share experiences, exchange information and socialise. Contact *Emerge Australia* via information@emerge.org.au or 9529 1344 for more information.

Mondays 4th of the month, 11:00am – 1:00pm

Support Groups

Anxiety Recovery

Many people affected by anxiety disorders find it helpful to meet and talk with others who have had similar experiences. Discussing symptoms, self-help ideas and strategies in a relaxed understanding environment can be a great support to recovery. Family and friends are also welcome.

For further information contact Anxiety Recovery Centre Victoria via supportgroups@arcvic.org.au or 9830 0533 for more information.

Mondays 2nd of the month, 7:00pm - 8:30pm

Melbourne Bipolar Network

The Bentleigh Bipolar is a support group providing an opportunity for people living with bipolar disorder to connect with those with similar disorders.

Contact Melbourne Bipolar Network via admin@mbpn.org.au or 0481 007 166 for more information

Thursdays 2nd of the month, 7:30pm – 9:00pm

We currently have vacancies on our committee and would love to hear from YOU.

Becoming a committee member is an opportunity to support the great work of the House and its staff. It not only allows you to get involved in working for your community, but ensures the continued existence and survival of your Community House. If you would like more information on joining our committee,

Please contact the office on 9557 9037 or email us at coordinator@godfreystreet.org



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Neighbourhood Houses
The Heart of Our Community™



Families,
Fairness
and Housing